

50th Annual

Iowa Conference on Perinatal Medicine

Monday — Wednesday
March 31-April 2, 2025



West Des Moines Marriott Hotel
1250 Jordan Creek Parkway
West Des Moines, Iowa 50321

Sponsored by the Iowa Statewide Perinatal Care Program, the University of Iowa Roy J. and Lucille A. Carver College of Medicine, the University of Iowa Health Care and the Iowa Department of Health and Human Services.

Monday, March 31, 2025

PRE-CONFERENCE WORKSHOP:

The S.T.A.B.L.E. Program
Penny Smith, BSN, RNC-NIC
Rebecca Chuffo Davila, DNP, NNP-BC

Info to follow

PRE-CONFERENCE WORKSHOP:

Obstetric Patient Safety (OPS): OB Emergencies Workshop 3rd Edition
Jeana Forman, MSN, RNC-OB, C-EFM, C-FMC; Lauren Sullivan, BSN, C-EFM,
RNC-OB; Brenda Wolf, BSN, C-EFM, RNC-OB
8:00 am – 4:30 pm

Info to follow

Tuesday, April 1, 2025

CONFERENCE

- 7:00 am** **REGISTRATION & BREAKFAST**
- 7:50** **WELCOME AND ANNOUNCEMENTS**
- 8:00** **Caring for Pregnant Persons with Substance Use Disorder**
Abbey Hardy-Fairbanks, MD; Amanda Eleazer; Sarah Hambright, BA
Identify improvement opportunities for treatment and trust in patients with Substance Use Disorder.
Understand the physiology of trauma and Substance Use Disorder.
- 9:00** **LGBTQ Care in 2025**
Miriam Murray, MD
Understand the definitions of gender, sex and sexual orientation.
Understand the ways that gender and sexual identity affect medical care throughout the lifespan.
- 10:00** **REFRESHMENTS & EXHIBITS**
- 10:30** **Providing Care for Queer and Trans Patients and Families**
Alex Kestrel, BA, ADN
Understand unique challenges facing queer and trans patients and families.
Increase cultural competency towards queer and trans patients and families.
- 11:30 am** **LUNCH (on your own)**

Tuesday, April 1, 2025

1:00 pm

Morbid Obesity in Pregnancy

Jeffrey Quinlan, MD

Discuss the rates of morbid obesity in pregnancy and its associated risks.

Describe treatment strategies during pregnancy and appropriate planning for delivery including location of delivery.

2:00

Safe Sleep for Iowa Babies

Penny Smith, BSN, RNC-NIC

Review elements of the SFCH Safe Sleep Toolkit to reduce the risk of SIDS and sleep-related infant death.

Discuss unsafe consumer sleep products that are not recommended by the AAP.

3:00

REFRESHMENTS & EXHIBITS

3:30

Report from the Iowa Maternal Mortality Review Committee (MMRC)

Stephanie Radke, MD, MPH

Understand the definitions of maternal mortality, pregnancy-related mortality, and pregnancy-associated mortality and how the cases are evaluated by committee.

Understand the underlying drivers of maternal deaths and opportunities for improvement, with emphasis on opportunities for healthcare providers and hospitals.

4:30

ADJOURN

Wednesday, April 2, 2025

6:45 am

REGISTRATION & BREAKFAST

7:50

ANNOUNCEMENTS

8:00

Peripartum Depression

Jeffrey Quinlan, MD

Discuss the epidemiology, risk factors for, and natural history of peripartum depression.

Describe how to screen for peripartum depression and evidence-based approaches to treatment during pregnancy and in the postpartum period.

9:00

Toxicology Testing for Substance Use in Pregnancy

Alison Lynch, MD, MS

Recognize the elements of an ideal toxicology testing policy.

Describe the chain of events initiated from a positive toxicology test.

10:00

REFRESHMENTS & EXHIBITS

10:30

Quality Improvement Collaboratives: Your Role in Improving Outcomes for Mothers and Infants in our State

Stephanie Radke, MD, MPH

Gain an understanding of quality improvement methodology and how to participate in your facility.

Understand the power of collaborative quality improvement to improve health outcomes for a population.

11:30 am

LUNCH (On your own)

Wednesday, April 2, 2025

1:00 pm

CONCURRENT SESSION I

1) **Early Neonatal Respiratory Distress**
Brady Thomas, MD

Learn how to recognize and evaluate early neonatal respiratory distress and understand its various potential etiologies.

Learn how to assess and manage infants with early neonatal respiratory distress and determine when transferring to a higher level of care may be needed.

2) **Intraamniotic Infection**
Sarina Martini, MD

Understand the risk factors to mitigate intraamniotic infection. Describe the diagnosis of intraamniotic infection.

2:00

CONCURRENT SESSION II

1) **Umbilical Cord Clamping, Insights in 2025**
John Dagle, MD, PhD

Describe the anatomy and physiology of the umbilical cord, both prenatal and postnatal.

Discuss the advantages of delayed cord clamping and timing of resuscitation.

2) **Case Studies in Fetal Monitoring**
Brenda Wolf, BSN, RNC-EFM, RNC-OB

Define NICHD's EFM category 2.

Identify and review algorithms to guide providers and nurses in labor management of category 2 EFM.

3:00

ADJOURN

Purpose and Intended Audience

This conference is designed to provide state-of-the-art information on obstetric and newborn care practices, which is of particular importance and value to obstetric and newborn care nurses, midwives, family physicians, obstetricians, pediatricians, and allied perinatal health care professionals.

Educational Objectives (Topic-specific objectives can be found on the agenda).

After attending the conference, participants should be able to:

1. Define and demonstrate improved skills in the medical and nursing care of the normal obstetric patient and the normal newborn infant.
2. Discuss and apply recent advances in the medical and nursing care of obstetric and newborn patients with specific high-risk problems.

Continuing Education Credit



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine and the Iowa Statewide Perinatal Care Program. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Tuesday only: 6.0 *AMA PRA Category 1 Credits™*
Wednesday only: 5.0 *AMA PRA Category 1 Credits™*

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 11.0 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.

Sponsorship

This conference is sponsored by the Statewide Perinatal Care Program, the University of Iowa Roy J. and Lucille A. Carver College of Medicine, University of Iowa Health Care, Department of Nursing and the Iowa Department of Health and Human Services.

The Conference Planning Committee

| | |
|-----------------------------|------------------------------------|
| John Dagle, MD, PhD | Rebecca Chuffo Davila, DNP, NNP-BC |
| Amy Sanborn, DNP, RN, C-EFM | Brenda Wolf, BSN, RNC-OB, C-EFM |
| Stephanie Radke, MD, MPH | Jeff Quinlan, MD |
| Penny Smith, BSN, RNC-NIC | Jill Kinnaird, Coordinator |
| Stephanie Trusty, BSN, RNC | |

Planning Considerations

Content considerations and the selection of speakers are the responsibilities of the Planning Committee and Conference Director. Commercial firms providing financial support did not have input into these areas.

DISCLOSURE POLICY: University of Iowa Roy J. and Lucille A. Carver College of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Guest Faculty

ALEX KESTREL, BA, ADN
Registered Nurse, UW Health,
Madison, Wisconsin

LAUREN SULLIVAN, BSN, C-EFM, RNC-OB
Clinical Education Specialist, Maternity
Services
UnityPoint Health, Des Moines, Iowa
University of Iowa Health Care and
UI Carver College of Medicine Faculty

The University of Iowa and Carver College of Medicine Faculty

REBECCA CHUFFO DAVILA, DNP, NNP-BC
Neonatal Nurse Practitioner, Stead Family
Department of Pediatrics

SARINA MARTINI, MD
Maternal Fetal Medicine Fellow, Department
of Obstetrics & Gynecology

JOHN DAGLE, MD, PhD
Professor, Departments of Pediatrics,
Biochemistry & Epidemiology
Associate Director, Statewide Perinatal Care
Program

MIRIAM MURRAY, MD
Assistant Professor, Department of
Obstetrics & Gynecology

AMANDA ELEAZER
Behavioral Health Coordinator, Department of
Obstetrics & Gynecology

JEFFREY QUINLAN, MD
Professor and Chair, Department of Family
Medicine

JEANA FORMAN, MSN, RNC-OB, C-EFM, C-FMC
Nursing Practice Leader, Department of
Obstetrics & Gynecology

STEPHANIE RADKE, MD, MPH
Clinical Associate Professor, Department of
Obstetrics & Gynecology
Associate Director, Statewide Perinatal Care
Program

SARAH HAMBRIGHT, BA
Social Worker, Department of Obstetrics &
Gynecology

PENNY SMITH, BSN, RNC-NIC
Neonatal Nurse Specialist, Statewide
Perinatal Care Program

ABBEY HARDY-FAIRBANKS, MD
Clinical Professor, Department of Obstetrics &
Gynecology

BRADY THOMAS, MD
Clinical Associate Professor, Stead Family
Department of Pediatrics

ALISON LYNCH, MD, MS
Clinical Professor, Departments of Psychiatry
and Family Medicine
Director, UI Addiction and Recovery
Collaborative

BRENDA WOLF, BSN, RNC-OB, C-EFM
Obstetric Nurse Consultant, Statewide
Perinatal Care Program

Conference Facility

A block of rooms has been reserved at the West Des Moines Marriott Hotel (**515-267-1500**). When making reservations please state that you are attending the 50th Annual Iowa Conference on Perinatal Medicine to receive the group rate. Room rates are \$131/room (not per person) plus tax, with a limit of 4 guests to a room. Rooms at this rate will be held through the end of the day, Monday, March 10, 2025.

[Book your group rate for IA Conf on Perinatal Medicine Mar-Apr 2025](#)

Directions to the West Des Moines Marriott: *The hotel is located at 1250 Jordan Creek Parkway. Take I-80 to EXIT 121 (Jordan Creek Parkway exit) and turn south onto Jordan Creek Parkway. The Marriott is located on the west side of the street a short distance from the exit.*

Registration Fees

Physician:

2 day fee - \$250 1 day fee - \$225

Nurses, *Physician Assistant, *Midwife:

2 day fee - \$195 1 day fee - \$165

*Provides certificate of attendance at an activity certified for *AMA PRA Category 1 Credit*TM.

S.T.A.B.L.E. Renewal: \$60

AWHONN OPS: \$100

Medical Residents, Medical Students,

Nursing Students (not eligible for nursing CEUs): No Fee

Registration fees include online access to all presentations, refreshment breaks, and the processing of continuing education credit. Contact Jill Kinnaird at statewideperinatal@uiowa.edu with questions.

Online Registration

Credit card (Visa, Mastercard, Discover, American Express):

<https://uiowa.cloud-cme.com/course/courseoverview?P=5&EID=72844>

*A full refund will be given if notification of cancellation is received **on or before March 28, 2025.***

NO SUBSTITUTIONS ARE PERMITTED.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, <https://diversity.uiowa.edu/daod/ocrc> Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, mail to: daod-ocrc@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Statewide Perinatal Care Program in advance at (319) 384-5258.